

### Highlights:

- Recap: Suicide Sucks Run and Benefit and Urbana Parkfest Events
- Plans for September's Suicide Prevention Month
- New Website and Brochures Recently Launched
- Expanding Capacity and Impact
- A Farewell Note from the Chair



The MHDAS Board will be moving soon to the current West Liberty Consolidated Care Inc, outside of West Liberty. **New address and location for meetings and SOS group will be:**  
**1521 N Detroit St, West Liberty OH 43357**

## Recap: Suicide Sucks Run and Benefit



It was an emotional cross over the finish line this year for the Suicide Sucks Run and Benefit.

This was the fifth and final year for the event. Amanda Stidam, our local survivor who dedicated this year's 1/2 marathon to her mother and those lost to soon to suicide, put all of her effort and energy into making the event a success. The Logan/Champaign Counties Coalition partnered with the Here4Hope Coalition of Union County to host the benefit at Benny's Pizza on May 9th. The event featured live music from Honey Compass and raffle of numerous donated items. The event generated a total revenue of just over

\$7,000! The proceeds were shared with Here4Hope and will go a long way in making a big impact locally in suicide prevention. We are forever indebted to Amanda and what she has done for us!



## Recap: Urbana Parkfest Events July 2015

The Coalition was happy to have had the opportunity to host 2 events during the recent Urbana Community Parkfest. The first was a summer pool party at the Urbana City Pool. Tisha Grim, survivor of her brother's loss, developed this idea and put forth all the time and energy necessary to pull this off in a short amount of time! The Coalition Events Chair, Stephanie Ketchell provided a great deal of assistance and



together the event was a great success! There was plenty of food, raffle and even dance entertainment.

The Coalition also co-sponsored a 2Mile run/walk in partnership with the Champaign County Family YMCA on Saturday July 11. The event was small, but featured some mighty runners and walkers! All together, the Coalition generated a revenue of just over \$350 from the events!



### Upcoming Coalition Meetings:

August 4  
Sept 1  
October 6  
November 3  
December 1

### Upcoming SOS Groups 6:30-8:00

Aug 13  
Sept 10  
Oct 8  
Nov 12  
Dec 10

**New Location soon:  
1521 N Detroit St,  
West Liberty**

**\*\*For more information on September events, be sure to check out our website or facebook page!**



Stay informed by "Liking" us on Facebook at: Logan/Champaign Counties Suicide Prevention

Contact Information:  
MHDAS Board  
P: 937-465-1045  
F: 937465-3914

Savealifelc.org

To be removed from this mailing list please call 937-465-1045

## Plans Underway to Mark September as Suicide Prevention Month

Each year the Coalition looks to raise awareness and highlight September as Suicide Prevention & Awareness Month, and

this year will be no different. Here is the line-up, mark your calendars now:

- **Friday September 4th Noon**  
Champaign County Awareness Ceremony, Urbana Univ.
- **Friday September 11th 8:30-4:00**  
Suicide Prevention Conference Champaign County Community Center, Registration Required
- **Saturday September 12**  
Save A Life Color 5K, Ohio Caverns
- **Friday September 18th Noon:**  
Logan County Awareness Ceremony, Holland Theater

## Coalition Launches New Website and Brochures

The Coalition is excited to announce a brand new look! We've gone thru a rebranding period, which consisted of a new logo, transitioning the blog into a full website and the development of new brochures. Be sure to check out the site at: [www.Savealifelc.org](http://www.Savealifelc.org). If you would like to request a brochure, stop by the office at 1521 N Detroit St or call the office at 937-465-1045.



## Coalition Looks to Expand Capacity and Impact

The Coalition has evolved more in the past year than in the entire 10yrs of its existence! This past year has seen a mentoring partnership with local coalitions experienced in the 'Strategic Prevention Framework' that has allowed us to redefine our focus and work. While the coalition ultimately remains committed to the goal of suicide prevention, awareness and support for those left behind, we've

come to realize there is important work that needs to be addressed. It was through this model that we realized our efforts have been mainly focused on education and awareness, an important piece, but certainly not all encompassing. We now shift some of our attention to skill building, reducing barriers of seeking help, and effecting policy and practices of our key stakeholders. This has been an exciting opportunity for us to partner with new folks and organizations. The coalition has grown in membership and leadership. We now have the feet on the ground and the organizational structure to make the biggest difference in the lives of those in our community. If you would like to learn more or get involved, contact our office at 937-465-1045. Meetings are the 1st Tuesday of each month, 3-4:30 @ 1521 N Detroit St, WL,

portunity for us to partner with new folks and organizations. The coalition has grown in membership and leadership. We now have the feet on the ground and the organizational structure to make the biggest difference in the lives of those in our community. If you would like to learn more or get involved, contact our office at 937-465-1045. Meetings are the 1st Tuesday of each month, 3-4:30 @ 1521 N Detroit St, WL,

## A Farewell Note from Coalition Chair

As some of you may know, and many of you don't; I have accepted a new position, and will be leaving the MDHAS Board. This job change will take me out of my current role with both the Suicide Prevention Coalition and LOSS Team. While I'm still not exactly sure what my ongoing involvement will look like, I do know that I will no longer be chairing or coordinating these endeavors. This was a painstaking decision and not one taken lightly. If I

had the pleasure of honor of knowing you over the years, know that you have touched my heart and have made a difference in my life. While I never imagined my career ever turning out the way it has, I do know that I am thankful for the opportunities that have been provided and for the chance to do this work and lead this charge for the time that I have. I know great things are still to come for the Coalition, and I

am leaving behind an extremely skilled and dedicated group that will take this work further than I ever could. Please know that we all carry the burden of your loss, as each life matters to us. While I am gone, the commitment to their honor and memory remains unchanged by the team. Thank you for the opportunities and support you all have provided and will continue to provide in my absence. Molly